SOAP Devotion Guide

Scripture • Observation • Application • Prayer

The SOAP method helps you slow down and engage with God's Word in a simple, meaningful way. Use this guide to go deeper in your devotions and grow closer to God each day.

S — SCRIPTURE

Read a passage of Scripture slowly. Let God's Word speak to your heart. Find a verse or passage that stands out to you or inspires you.

O — OBSERVATION

What does the passage say? What stood out to you in these verses? What is the author communicating? Notice key words, important details, and the context of the passage.

A — APPLICATION

How does this truth apply to your life today? What is God inviting you to do? How can you live in light of this truth?

P — PRAYER

Respond to God in prayer. Turn your thoughts and reflections into prayer. Ask the Lord to show you how to meditate on and apply His Word to your life. Talk with Him honestly and openly.



- Slow down.
- Read prayerfully.
- Write honestly.

FOLLOW JESUS,
MAKE DISCIPLES.

Date: November 12, 2026 Passage: Philippians 4

FOLLOW JESUS, MAKE DISCIPLES.

S – Scripture

What verse or phrase stands out to me?

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." – Philippians 4:6-7

O – Observation

What do I notice about God, people, and the situation?

Paul is writing to remind us, and to encourage himself, about the faithfulness of God throughout all the difficult seasons of life. He wants us to know that when we stay in intimate relationship with God, through prayer and thanksgiving, nothing can take away our peace in Him. Often in these difficult seasons we become anxious for nothing because we focus on the circumstance, instead of the faithfulness of God. Through our relationship with Him, by prayer and being thankful, His peace that surpasses all understanding will encompass us.

EXAMPLE

A – Application

How will I live this out today?

There is no season in our lives, no pandemic, no wars and rumours of wars, no political unrest, that can take away our peace when we remain in Him. By growing and strengthening our relationship with God, by praying in all circumstances and by expressing gratitude to God for His work in us, we receive His peace – His peace that surpasses all our understanding.

P – Prayer

What do I want to say to God?

Lord, thank You for reminding me that I don't have to carry my worries alone. Help me bring everything to You in prayer, with a thankful heart, and trust You with what I cannot control. Fill my heart and mind with Your peace, and teach me to rely on You in every situation. In Jesus' name, Amen.

One step I will take today:

I will surrender my worries to God in prayer instead of dwelling on them, and choose to thank Him for His faithfulness, trusting Him with what I cannot control.

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