

Barrier Breakers

WORSHIP (15 MINS)

Venue: Home gatherings

Sing one or two songs or play a song from You Tube.

Venue: Public place (school, café, park, etc.) or **Via Online,**

Testimonies: "What is your "high" or "your "low" this past week?"

Ask someone to do the opening prayer.

WELCOME (15 MINS)

Welcome guests/first-time visitors.

WORD(30-45 MINS)

Intro: We are to be "barrier breakers!"

Q: What is a barrier? A barrier is anything that blocks, obstructs, separates, or hinders.

"Barrier Breakers" therefore are people who help others overcome spiritual barriers, such as unbelief, guilt, shame, or religious misconceptions, that keep them from knowing God. People who share the Good News, bring hope, and show God's love."

Q: If sharing the gospel with other people is meant to be a way of life for a disciple of Jesus, why do most of us not share our faith? What keeps us from doing sharing the gospel?

Theologian Ken Boa suggests that most followers of Jesus do not share their faith because of six common barriers:

1. The Barrier of Method - Read 1 Corinthians 9:22, Colossians 4:6

Jesus, the Gospel, the Good News, are not products we're selling, and people shouldn't feel pressured or forced to "buy" or like we're just trying to "close the deal." Many believers feel uncertain about how to share their faith effectively, fearing they might use the wrong approach or come across as insincere.

Q: What can we do to make our evangelism less scripted but more personal?

2. The Barrier of Fear - Read 2 Timothy 1:7, 1 John 4:18

The biggest barrier to sharing our faith is fear. We are afraid of being rejected, afraid of failing, afraid of being branded "weird." or afraid of offending someone. We're also afraid of not having all the answers which hinder us from sharing their faith.

Q: How can trusting in God's strength help you overcome the barrier of fear?

3. The Barrier of Inadequacy - Read 2 Corinthians 3:5-6a NLT

Feeling unqualified or not spiritual enough can stop us from sharing our faith—but here's the good news: the Holy Spirit uses ordinary people like us in amazing ways! Our ability doesn't come from us—it comes from God.

Q: When you think about sharing your faith with someone, do you feel inadequate or confident?

4. The Barrier of Indifference - Read Romans 9:2-3 NIV, Proverbs 24:11-12 NLT

Q: What is **"Indifference?"** It is a lack of interest, concern, sympathy or enthusiasm about something. It implies a neutral attitude where a person simply doesn't care about a particular situation or outcome. □ Showing a lack of concern or urgency about others' spiritual well-being which can lead to missed opportunities to share the gospel.

Q: What steps can you take to cultivate a heart that cares deeply for the salvation of other people?

5. The Barrier of Shame - Read Romans 1:16-17

This barrier has become an increasingly significant roadblock to sharing the gospel due to cultural pressures. Embarrassment about one's faith or fear of being labeled can deter individuals from openly discussing their beliefs.

Q: In what ways can you overcome shyness so you can openly share about your faith?

6. The Barrier of Time/Busyness - Read Ephesians 5:15-16, Matthew 6:33

Many of us feel we barely have the energy or margin to get through our busy days, much less prioritize relationships and conversations with people who don't know Jesus. Barriers to sharing the gospel will always be present. The dark powers of evil do not want lost people to be found.

Q: What are practical ways you can incorporate evangelism into your daily routine?

Remember: When you're lit up with love, you follow Jesus' lead, see where He's moving, and help lift up those without a voice.

Conclusion: Read 2 Timothy 1:7-8 NLT, Acts 1:8 NLT

"Barriers Breaking People" are Spirit-empowered followers of Jesus who remove obstacles that keep others from experiencing God's love and truth. By staying prayerful, grounded in God's Word, and committed to our mission daily, we help people encounter the gospel through our lives and lead them to faith in Jesus Christ.

Reflecton: When you're lit up with love, you start living like Jesus—seeing where He's at work and using your energy to lift up and empower others.

WORK(15 MINS)

Application

Practical steps to to becoming a Good News person:

1. Pray – pray for people who do not know Jesus to come into your life.

2. Care – when they come into your life, care for them, by listening to their story,

3. Share – so you will know how to apply the gospel, share your faith with them.

Things to do:

1. Find one or two people you can share your personal testimony this week. Share to the group on the next meeting what happened?

2. Pray and prepare a Hit List (max. of 5-10 names of family, relatives, friends, schoolmates, workmates, neighbors, etc.) of possible people you desire to encounter Christ in 2025.

What is your take-away from this lesson?

Closing Prayer