

## THE SUPREMACY OF CHR

01-05-25 For Married Couples

**Venue: Home gatherings** 

Sing one or two songs or play a song from You Tube.

Venue: Public place (school, café, park, etc.) or Via Online,

Testimonies: "What is your "high" or "your "low" this past week?"

Opening Prayer: Pray for the Holy Spirit to reveal to us how to know

Christ in a deeper way.

#### WELCOME (15 MINS)

Welcome guests/first-time visitors.

Memory Verse for the week: Colossians 1:15

Ice-breaker Q: 1. Have you ever been in the presence of someone powerful, famous, or well-known? Who was that person and how did it make you feel, during that time?

2. Do you feel secure and confident when standing before someone great or influential, or do you experience fear and intimidation? Why?

#### WORD(30-45 MINS) Text: Colossians 1:15-20NLT

**Intro:** Before we can truly say YES to Jesus, we must first understand the supremacy of Christ over all things. The word "supreme" generally means the highest in rank, authority, quality, or degree. When applied to God, it emphasizes His ultimate nature and authority. Describing God as supreme acknowledges His unmatched greatness, sovereignty, and preeminence over everything. Why is Christ Supreme over all creation?

1. He is the image of the invisible God – "15The Son is the image of the invisible God, the firstborn over all creation...19 For God was pleased to have all his fullness dwell in him, ..."

Paul explained that in His humanity, Christ fully embodied and revealed the invisible God in all His fullness. We don't worship the picture images of Christ Jesus, even without it, Paul was saying Christ is simply saying He is God in human body.

**Q:** In what way is Jesus Lord in your marriage? How would you explain His role in your relationship to another couple who may not know Him?

**Q:** What difference does Jesus make in your marriage, and how can you share that with a couple struggling to find hope or direction?

2. He is the creator of all things – "For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him."

Jesus is the Word of God, and since God created all things through His spoken word, everything exists through Him and was made for His purpose and delight.

**Q:** How would you share with another couple that Jesus is the foundation of your marriage and the reason why love, commitment, and respect exist in your relationship?

**Q:** What does it mean to you as a couple that your marriage was created for God's purpose? How can you share that truth with another couple?

**3.** He is the sustainer of all things – "He is before all things, and in him all things hold together." - He ensures that everything operates according to its intended purpose in creation, such as the earth orbiting the sun and gravity keeping us grounded.

**Q:** How would you describe to another couple that Jesus is the one who holds your marriage together and brings peace and harmony to your relationship?

**Q:** How can you help other couples see that God also has great plans for their marriage?

#### Leader's Tips:

- S Sensitivity. No one should feel left out.
- P Participation is encouraged.
- A Acknowledge. Make guests feel welcomed.
- C Confidentiality. What is shared stays in the group.
- E Encouragement. Be a blessing to one another.

# 4. He is the Mediator – "...and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross."

Through the blood He shed on the cross, those who believe in Him and place their trust in Him will be reconciled to God, restoring their relationship with Him. There is no other way to be brought back into a right standing and relationship with God.

"For there is one God and one mediator between God and mankind, the man Christ Jesus, 6 who gave himself as a ransom for all people..." I Timothy 2:5-6a NIV

**Q:** How would you explain to a struggling married couple that Jesus' sacrifice on the cross is the key to healing, restoring, and strengthening their marriage?

5. He is the head of the Church – "And he is the head of the body, the church." - The head plays a crucial role in the human body, serving as the control center, vital for coordinating bodily functions, interacting with environment and maintaining life.

As the Head of His Church, Christ holds supreme authority over His Body. He establishes the Church's purpose, order, character, and mission.

**Q:** What does it mean to you as a couple to be part of a church, and how has it strengthened your marriage? How can you encourage other couples to see the value of being part of a faith community?

**Conclusion:** Many Christians consider prayer, meditating God's Word, attending church, serving in ministry, giving tithes, and offering, sharing the gospel as optional because Christ does not hold supreme authority over every area of their lives.

Embracing Christ's Supremacy means worshiping Him alone and adopting His mission as our sole purpose in life. Whatever or whoever holds the highest importance in our lives—will ultimately shape our agenda and define our purpose.

### What is your take-away from this lesson?

#### WORK: The Challenge (15 mins.)

- P- Pray for one another. Ask "what can I pray for you?"
- **R- Remin**d to invite a friend on the next gathering.
- A- Apply the message during the week.
- **Y- Yearn** to share your faith with someone during the week.