

# SEND



## From a Mess to Becoming a Message

01-19-25

### WORSHIP (15 MINS)

#### Venue: Home gatherings

Sing one or two songs or play a song from You Tube.

#### Venue: Public place (school, café, park, etc.) or Via Online,

Testimonies: "What is your "high" or "your "low" this past week?"

Opening Prayer: Pray for the Holy Spirit to reveal to us how to know Christ in a deeper way.

### WELCOME (15 MINS)

Welcome guests/first-time visitors.

#### Ice-breaker Questions:

- 1: What do you think brings you the most happiness or fulfillment in life? Why?
- 2: What do you think gives real meaning and purpose to someone's life?

### WORD (30-45 MINS) Text: MARK 5:2-20 NIV

**Intro:** Life can feel overwhelming with daily responsibilities, leaving us drained and tired. We may wonder how we can serve others in Jesus' name when we are struggling ourselves. However, the good news is that God doesn't call the already qualified—He prepares and equips those who are willing to respond to His call.

#### 1. The man came to Jesus – v.2 "When Jesus got out of the boat, a man with an impure spirit (demons) came from the tombs to meet him.

Despite being possessed by thousands of demons, the man still chose to come to Jesus, recognizing Him as the source of hope and deliverance. This highlights a powerful truth—even in the deepest spiritual bondage, the human soul can long for freedom in Christ.

The demon-possessed man's approach to Jesus reflects both his desperate longing for freedom and the demons' recognition of Christ's authority. Like him, many seek fulfillment in temporary things—sex, drugs, fame, or power—only to find greater emptiness. But Jesus invites all who are willing to come to Him for true healing and restoration.

**Q: Have you ever felt unqualified or too overwhelmed to serve God? How do you think He can use you even in your struggles?**

**Q: What are some small but meaningful ways you can say "yes" to God's calling, even when life feels exhausting?**

#### 2. The man was set free by Jesus and completely changed his broken life – v.v.14-15

The story shows Jesus' authority over both the spiritual and physical realms, demonstrating His compassion in restoring the man's mind and life. No power can stop Jesus from transforming those who surrender their brokenness to Him. Only Jesus has the power to heal and restore, turning broken lives, turning our tests into testimonies of His love and grace. We must open ourselves to Him and allow Him to heal and transform us from the inside out.

**Q: In what area of your life do you feel the need to allow Jesus to heal you and change you?**

**Q: How can you tell others about God's love and show them that Jesus can restore their lives as well?**

#### Leader's Tips:

- S - Sensitivity. No one should feel left out.
- P - Participation is encouraged.
- A - Acknowledge. Make guests feel welcomed.
- C - Confidentiality. What is shared stays in the group.
- E - Encouragement. Be a blessing to one another.

#### 3. Jesus sent the man to share the good news with others – v.v. 18-20

This man's life was completely changed by Jesus, and everyone who saw him was amazed. His transformation was so obvious that only Jesus could do it. Our own stories are powerful, and our lives, transformed by Jesus, are the best message we can share with others. If God can use someone who was once possessed by demons to spread His good news, He can use anyone who is willing.

**Q: How has Jesus changed your life, and how can you share that transformation with others?**

**Q: What does it mean to you that God can use anyone, no matter their past, to spread His message?**

**Q: Why do you think our personal stories of transformation are such powerful tools for sharing the Gospel?**

**Conclusion:** Three things we can learn from today's lesson:

1. Whatever our circumstances today, let's come to Jesus!
2. When we come to Jesus, He will free us completely change, restore our broken situations. It may happen instantly it may be a process, but the Lord is in the business of changing lives! (like that man in our story today!)
3. Once we encounter Jesus, we will never be the same! He will use us to make a difference in the lives of others to share the good news.

**What is holding you back from being God's messenger and sharing the gospel with others?**

**How can you allow Jesus to heal your brokenness and give you a purpose in His mission today?**

#### What is your take-away from this lesson?

#### WORK: The Challenge (15 mins.)

- P- Pray** for one another. Ask "what can I pray for you?"
- R- Remind** to invite a friend on the next gathering.
- A- Apply** the message during the week.
- Y- Yearn** to share your faith with someone during the week.